

Bridges & Beyond

is a volunteer program providing non-medical support for residents in the Rutland area. This support may fill:

- a short-term need, such as in-home assistance after being in the hospital or accompaniment to a medical appointment

- a long-term need, such as regular visits to a homebound person or respite for a caregiver.

Bridges & Beyond is sponsored by Rutland Community Programs and is an affiliate program of Community Care Network.

What kind of services will be offered?

- Volunteers may be matched with those needing such services as:
- companionship
 - shopping or other errands
 - light meal preparation
 - light household chores
 - local transportation

Who can be served?

People of any age or income level living in Rutland county who are in need of non-medical assistance. Unfortunately, there is no guarantee that an appropriate volunteer will always be available, but we do our very best to find someone to help.

Who can provide service?

Caring individuals of any age who are willing and able to share their time and talents to help community members in need.

Volunteers will have contact with staff from the local hospital, nursing homes, physician offices, and home health agencies. They will attend luncheons throughout the year for both training and social purposes.

Who benefits?

Everyone -- client, volunteer, and health care providers.

The primary goal of this program is to encourage independent living and possibly prevent unnecessary time spent in a hospital or nursing home, while providing moral support and mutual companionship along the way.

What is the cost?

There is no charge to receive these services; however, donations are greatly appreciated. Your donations will be used to help recruit, train and recognize our volunteers for the wonderful services they provide.

Who do I call?

For more information on either volunteering or receiving services through this program, please call 747-3710.

Volunteers in the ***Bridges & Beyond*** program are given a lot of flexibility in the amount of time they spend and the types of services they provide. There is no minimum time commitment to be part of this program. Any time is appreciated.

If this volunteer program sounds like it would offer you, or someone you know, an opportunity to share your knowledge, skills and life experience, please call us! Program staff are also available to speak to any business, community, or religious group.

Bridges & Beyond would like to thank those who have provided financial and in-kind support to our program:

- Rutland Health Foundation
- Rutland Regional Medical Center
- Mountain View Center
- Haven Health Center
- Vermont Community Foundation
- Walmart
- United Way of Rutland County

We also wish to thank our clients who are able to donate to the program and, of course, our wonderful volunteers, without whom this program would certainly not exist.

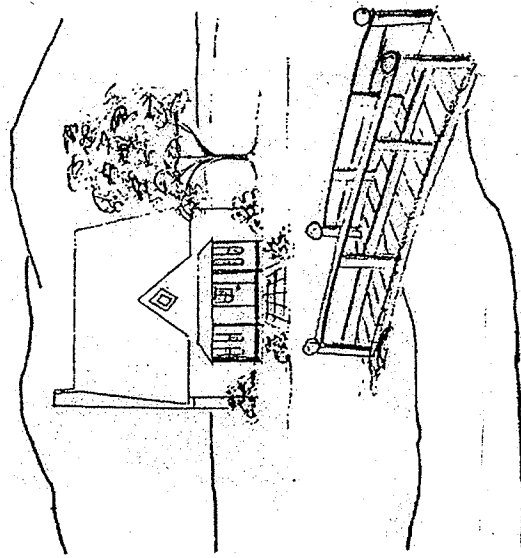
Bridges & Beyond
c/o RRMCM Social Work Dept.
160 Allen Street
Rutland, Vermont 05701
(802) 747-3710

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***Volunteers providing
non-medical assistance
to support independent
living***