Adult Day Programs aren't only for people with Alzheimer's
Or senior citizens.

Adult Day Programs in Vermont offer community based, non-residential services to adults age 18 or older who have physical and/or cognitive impairment and to socially isolated elders. Adult Day facilities provide safe, supportive environments where participants receive a wide range of nursing, social and therapeutic services. Daily activities may include: arts & crafts, musical guests, educational programs, daily exercise, Wii play, computers, field trips, table games, outside recreation and much more. Care providers and family members benefit by receiving respite, support and education through the adult day center.

All services and supports are designed to maximize levels of health and independence, allowing participants to remain at home and active in their communities. Participating in an Adult Day program may also delay or prevent institutional care.

Eligibility Requirements-
1. The family/caregiver is in need of respite from 24-hour care of the individual
2. The individual requires supervision in a structured situation while family/caregiver works
3. The individual requires socialization/stimulation of the day program to avoid isolation
4. The individual requires functional and/or medical monitoring.

What funding sources supplement or pay in full for Adult Day services?

Medicaid:
(Long Term Care, Day Health Rehabilitation Services or Moderate Needs Group)
Veteran's Administration
Parkinson's Disease Association
Private Long-Term Care Insurance
The Dementia Respite Grant
Privately

In Rutland County, to receive more information or schedule an assessment visit, call InterAge Adult Day Program at 802-773-2011 Mon-Fri 8:00-5:00. We are located at 230 North Main Street in Rutland. You can also email to interageads1@aol.com or see us at www.facebook.com/InterAgeAdultDayProgram